



LOUISENLUND

LERNEN LEISTEN LEBEN

HONORARY POSTS
SERVICES
GUILDS
CUSTOMIZED
TRAINING
OPEN OFFERS

Extra-curricular Experiences

2018/2019

Dear students of Louisenlund,

this brochure will introduce you to the wide variety of extra-curricular experiences that will be available this academic year 2018/2019. Besides the classes, your participation in services, guilds, customized training and open offers make living and learning in Louisenlund special. I encourage you to discover yourselves.

If you want to commit yourselves to the school community beyond the average level, apply for an honorary post!

Take the opportunity to apply yourselves to experiences that define your personality, demonstrate your talent and promise fun and success. Enhance your strengths!

Also, I encourage you to try and discover new experiences. Act on stage, if you have never done before, learn how to sail or to play tennis, get involved in the students' enterprise LundAG or the fire brigade or debate heatedly at Debating Society. Challenge yourselves!

I would like to thank all our colleagues for contributing to the extra-curricular programme and for making holistic learning, achieving and living possible. My special thanks go to Mrs. Hau, who is, besides your mentors, your contact for everything concerning the extra-curricular programme and the IB CAS programme.

Have fun! Test yourselves! Discover your talents!

Dr. Peter Rösner
Headmaster Stiftung Louisenlund

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Extra-curricular programme of Louisenlund

The following pages give you an overview of our wide range of extra-curricular experiences.

The programme is divided into five categories:

1 Honorary post

These are tasks for students of Louisenlund who want to commit themselves for the school community beyond the average level. An honorary post requires a recommendation or an application and appointment.

2 Services

Students of Louisenlund should feel responsible and assume responsibility as well. Therefore, a service with regular attendance for at least one academic year is obligatory for every student.

3 Guilds

They help to discover and develop talents or enhance the students' profile. The guilds range from sports, art and music to business and politics. They need to be visited regularly for one academic year.

4 Customized training

The aim of customized training is to promote interests and talents or to minimize weaknesses individually. Time period and goal are defined clearly before the beginning of the training. Arising costs for customized training are charged separately.

5 Open offers

Depending on their mood, students can visit the open offers. Everyone is welcome. The students can discover themselves spontaneously and the participation is voluntary.

Selection of experiences

Every student selects a service (category 2). The attendance of additional guilds (category 3) depends on your grade level:

grade	selection
5 th - 6 th grade:	<ul style="list-style-type: none">• 1 service optional: model making, pottery, sewing and bookbinding
7 th - 8 th grade:	<ul style="list-style-type: none">• 1 service• 1 guild which focuses on activity or creativity
9 th - 12 th grade:	<ul style="list-style-type: none">• 1 service• 2 guilds which focus on activity or creativity
STEM – classes:	<ul style="list-style-type: none">• 1 service

If you want to visit more experiences, you need to contact me. I will consult with the head of your grade to make sure, that you still would have sufficient time for the preparation and follow-up of classes and will inform you about his or her decision. If you want to make benefit from customized training you need to sign up for it. You are always welcome to visit the open offers.

Election procedure

At the "Gildenmarkt" (guilds market) at the beginning of the academic year, on Thursday 23.08.2018, all experiences will be presented. This gives you the opportunity to inform yourself about the content of the experiences and when and where they take place. In addition, you will receive the link for the online election so that you can select your experiences. Please ask your mentor for advice in case you are not sure. Note: some guilds require a letter of motivation. If too many students select a specific experience, the places will be assigned to students according to the "first come, first served" principle. I will inform about the details in time. If you come to Louisenlund at a later time of the academic year, contact me as soon as possible. Then I'm going to inform you about our extra-curricular programme and the CAS programme (if you're an IB student) so that you can select your experiences.

Enjoy visiting the experiences!
Petra Hau

IB CAS Programme in Louisenlund

Why CAS?

Because you are more than just a grade average. CAS is intended to move you out of the academic arena and help you learn through life experiences. Yes, as an IB student, we know you are involved in many interesting activities. What we are asking you to do now is consider how these activities enhance your personal development.

So, for you as an IB Diploma Programme student, the extracurricular experiences of Louisenlund are even more important, because CAS is in the heart of the IB and is a requirement for successful completion of the IB Diploma Programme.

The three strands of CAS are:

- | | |
|---------------------|---|
| C Creativity | exploring and extending ideas leading to an original or interpretive product of performance |
| A Activity | physical exertion contributing to a healthy lifestyle |
| S Service | collaborative and reciprocal engagement with the community in response to an authentic need |

CAS requirements

- engaged in experiences for at least 18 months
- regular attendance of experiences on a weekly basis
- CAS project of at least one month's duration undertaken
- all seven CAS learning outcomes achieved
 1. Identify own strengths and develop areas for growth
 2. Demonstrate that challenges have been undertaken, developing new skills in the process
 3. Demonstrate how to initiate and plan a CAS experience
 4. Show commitment to and perseverance in CAS experiences
 5. Demonstrate the skills and recognize the benefits of working collaboratively
 6. Demonstrate engagement with issues of global significance
 7. Recognize and consider the ethics of choices and actions
- maintained and completed a CAS portfolio
- at least three formal documented interviews with CAS coordinator

Selection of CAS experiences

You select 3 experiences:

- ein Kreativangebot
- ein Sportangebot
- einen Dienst

to make sure that there is a reasonable balance between the 3 strands of CAS.

CAS project

In addition, you initiate a CAS project of at least one month's duration. A CAS project is a collaborative, well-considered series of sequential CAS experiences. It can address any single strand of CAS, or combine two or all three strands. Make sure to use the CAS stages as a framework for implementation.

CAS portfolio

You document your CAS experiences, noting in particular your reflections. Its extent should match the significance and depth of your involvement in the particular activity (there's no point in writing lengthy accounts about routine experiences). It must give the information what happened, why it happened, how it happened, what its value was, and what you have learned from it. For each experience/project, you show evidence of one or more of the 7 learning outcomes. Evidence may include, but is not limited to, the following: digital media (photographs, film/video, audio recordings, blogs, web pages), printed media (correspondence, published articles, posters, booklets) and physical objects.

CAS handbook

At the beginning of the school year during the IB Orientation Days, I will give you a hard copy of the CAS handbook of Stiftung Louisenlund containing all the details you have to know about the CAS programme. In addition, there is a pdf-version of the CAS handbook on Managebac which will give you access from anywhere at any time.

*"...if you believe in something,
you must not just think or talk or write,
but must act."*

(Peterson 2003)

HONORARY POST

WELCOMING GUILD “SCHLOSS”

10th - 12th grade

The members guide visitors and other guests around the school campus, to show them Louisenlund and its peculiarities.

- Special and compulsory events: 07. – 09.12.2018 Christmas Market, 26.01.2019 Open House Day, 11.05.2019 Open House Day

Mrs. Sigrid Redlefsen

- Focus: service
- Costs: none

EVENT GUILD

10th - 12th grade

The members help to plan festivities and other events, assisting the organisers with the tasks.

Mrs. Martina Kock and Mrs. Bettina von Bargaen

- Focus: service
- Costs: none

INTERACT-CLUB

9th - 12th grade

“Service above self” describes the main attitude of the Interact-Club Louisenlund, established in May 2017, that supports regional and international service projects (e.g. in Russia and Rwanda). The members get engaged in the Christmas market, the 24-hours-run and in other fundraising activities. Club meetings are every second week. The club is represented by the presidential board consisting of students of Louisenlund. The sponsoring club is the Rotary-Club Schleswig.

- Special and compulsory event: 11./12.05.2019 24-hours-run

Dr. Peter Rösner

- Focus: service
- Costs: none

GYM SUPERVISOR

10th - 12th grade

After an introduction training, the members perform their supervisory role independently and reliably and provide students with specialist assistance to assure training success and to avoid overstress, misload and injuries.

Mr. Heimo Braun

- Focus: service
- Costs: none

LUNDBUSGILDE · LUNDBUS DRIVER

11th - 12th grade

The members offer transport services for necessary tours by vehicles of Stiftung Louisenlund. Absolute precondition is of course a valid driving license class B. In addition, the members participate in a safety training and other regular trainings.

Note: Suitable students can join the guild with the permission of the school senior management only.

- Special and compulsory events: 26.01.2019 Open House Day, 11.05.2019 Open House Day

Mr. Thomas Grambow

- Focus: service
- Costs: none

ROUND SQUARE COMMITTEE

9th - 12th grade

It's the members' responsibility to make students and staff of Louisenlund aware of the RS IDEALS. They intensively take care of the well-being of international students and exchange students. In addition, they organize fundraising activities. They discuss decisions regarding the attendance of RS events.

- Special and compulsory event: 23. - 26.01.2019 project week

Mrs. Catherine Donovan

- Focus: service
- Costs: none

“SCHÜLERHAUS” TEAM

11th grade

It's the members' responsibility to order drinks and organize the “Schülerhaus”. In addition, they draft working schedules. They prepare the “Schülerhaus”, act as barkeepers and clean up after the party. They can demonstrate their creativity by organizing theme parties.

Mr. Gernot Geest and Mr. Nicolas Baron

- Focus: service
- Costs: none

STUDENT PARLIAMENT

9th - 12th grade

The student parliament is the legislative authority of the student body. The members are jointly responsible for the development of “living, learning and achieving” in close cooperation with the school senior management. They monitor the student council and articulate the interests of the student body. In addition, they represent the voting rights of the student body within the Louisenlunder conference. The members are elected by the student body.

Dr. Peter Rösner

- Focus: service
- Costs: none

9th - 12th grade

The student council is the executive authority of the student body and represents it on official occasions. The members are jointly responsible for the development of “living, learning and achieving” in close cooperation with the school senior management. They organise activities e.g. sporting events independently and they are involved in all disciplinary measures. In addition, they represent the voting rights of the student body within the Louisenlunder conference. The members are elected as a team by the student body.

Dr. Peter Rösner

- Focus: service
- Costs: none

TEAROOM HOF

8th grade

The members of the tearoom organise dance evenings and parties at the Hof, including the Niko Ball and the summer party. The team promotes the events with self-designed posters, decorates the venue nicely, and designs, produces and sells the tickets for these parties.

Mrs. Stefanie Busch

- Focus: service
- Costs: none

WELCOMING GUILD “HOF”

5th - 12th grade

The members present the junior school “Hof” and its history and facilities to visitors. They meet for research workshops, undertake rhetorical and methodical training, visit the historical sites in the surroundings and prepare presentations on historical and regional topics, in order to carry out high quality guided tours. Since the students will be excused from classes during the duration of the guided tour, this guild is only suitable for students who always complete school work independently.

- Special and compulsory events: 26.01.2019 Open House Day, 11.05.2019 Open House Day

Mrs. Anna Pollex

- Focus: service
- Places: 10
- Costs: none

LIBRARY

9th - 12th grade

The members get to know the structure of the library collection and the library lending. They will be trained how to handle scientific literature, encyclopaedias, online catalogues and digital media. The members are jointly responsible for the organisation of a lively library. In addition, they participate in the project “Village museums in the Schlei region”.

Dr. Eva Witzel

- Focus: service
- Places: 10
- Costs: none

BEE GUILD

9th - 12th grade

The members learn the principles of beekeeping: breeding of new bee colonies, protecting their health and processing of honey and wax. During winter time, they maintain the equipment and prepare it for the next season. In spring, they start working on the bee colonies. They also look at nectar, the feed of the bees. In addition, they study other pollinating insects and address human relevance.

N.N.

- Focus: creativity
- Places: 10
- Costs: none

CHOIR

9th - 12th grade

The choir Louisenlund is open to all students, who are interested in choral singing and voice training. The repertoire varies from a-capella pieces to choir pieces with instrumental accompaniment. The singers get to know their own voices and polyphonic singing and work together on high-quality singing.

- Special and compulsory event: 29.03.2019 spring concert

Mrs. Karen Niedermeyer

- Focus: service and creativity
- Places: 50
- Costs: none

DLRG • GERMAN LIFEGUARD ASSOCIATION

9th - 12th grade

The members improve their swimming style and technique and gain knowledge of lifesaving and rescue procedures in the swimming pool as well as in the open waters of the Schlei. The members supervise swimming during the summer season and other events. During the winter months, the members take the exam for the German lifesaving certificate (bronze, silver or gold).

Mr. Wolfgang Tirs

- Focus: service
- Places: 20
- Costs: 35 Euro per academic year

FIRE BRIGADE

9th - 12th grade

The members gain basic knowledge on firefighting functions and on how to use the devices and equipment. It is very important, that the team achieves a joint result, avoids taking unnecessary risks and quickly recognizes hazards, provides assistance and applies its knowledge. The members have the option to acquire the fire worker fitness badge or to participate in the training "Truppmann Teil 1".

- Special and compulsory events: 07. – 09.12.2018 Christmas Market, 26.01.2019 Open House Day, 11.05.2019 Open House Day

Mr. Siegfried Brien

- Focus: service
- Places: 20
- Costs: none

FIREWORKS

7th - 8th grade

Fireworks is a combination of fire brigade and THW (Technical Emergency Service) for the junior school. This gives them the opportunity to get familiar with the tasks and to get prepared for these services. The members learn some basic technical skills and how to lead a team. They have the option to acquire the THW youth achievement badge and participate in a first aid training.

- Special and compulsory event: 12./13.01.2019 guild weekend

Mr. Wolfgang Tirs

- Focus: service
- Places: 20
- Costs: none

FIRST RESPONDER

9th - 12th grade

The members participate in a first aid training and emergency care. They learn rescue procedures and through exercises, they will be prepared for an emergency. After this initial training, they are present at events in Louisenlund to help in the case of an accident. Because of the collaboration with the German Red Cross Eckernförde, the members can carry out medical services outside Louisenlund as well.

- Special and compulsory events: 07. – 09.12.2018 Christmas Market, 26.01.2019 Open House Day, 11.05.2019 Open House Day

Mrs. Jördis Tirs

- Focus: service
- Places: 35
- Costs: none

REFUGEE TUTORING

10th - 12th grade

The members help to integrate refugees in Fleckeby. They tutor children who were forced to flee their homes in the subjects German and mathematics mainly. The tutoring also helps to improve the own knowledge on these subjects.

Mrs. Franziska Trautmann

- Focus: service
- Places: 15
- Costs: none

RABBIT AND CO

5th - 12th grade

Since 2016, there is a little farm with sheep, rabbits, guinea pigs, chickens and alpacas at the junior school of Louisenlund. The members take care of the animals in an appropriate manner. They have direct animal contact with all their senses and learn the proper care of animals, behaviour and use. This fosters the empathetic capacity and the visual perception. Clothing: please bring your own work clothes and gloves.

Mrs. Stefanie Busch

- Focus: service
- Places: 35
- Costs: none

HOMWORK TUTORING FLECKEBY

9th - 12th grade

The members help outside Louisenlund and tutor students of the primary school in Fleckeby. They need to be reliable and independent in fulfilling their weekly duties. They help the students to structure and organize their homework and motivate them.

Mrs. Melisa Kos

- Focus: service
- Places: 8
- Costs: none

NURSING HOME “KLAPPSCHAU”

9th - 12th grade

The members build personal relationships with residents of the nursing home “Klappschau” for mentally disabled people. They take them for a walk, play board games or table tennis and read the newspaper or stories to them. In addition, they get familiar with basic nursing activities such as support in standing up, sitting and putting into a wheelchair, use of walking aids, rollators and wheelchairs.

N.N.

- Focus: service
- Places: 8
- Costs: none

LUND AG – HOFSTOP • STUDENT ENTERPRISE

7th - 8th grade

The members of the “HofStop” run a food and beverage store in the basement of the Meierei. They sell products, draft working schedules and shopping lists, create posters and other promotion material, and do the accounting. At the beginning of each academic year, they conduct a market research to customize the product portfolio.

- Special and compulsory event: 12./13.01.2019 LundAG Weekend

Mrs. Petra Hau

- Focus: service
- Places: 8
- Costs: none

DRAMA SCHLOSS

9th - 12th grade

The members produce a play from the reading rehearsal to the performances. They start with exercises of the performing arts with an emphasis on body awareness, breath, voice, stage presence, group interaction, improvisation, requisite management, making use of the space and occasionally singing.

- Special and compulsory events: 09.03.2018 theatre premiere, 18./19./20.03.2019 additional performances

Mrs. Susanne Berg and Dr. Helmut Mauch

- Focus: service and creativity
- Places: 18 actors and 1 – 2 sound engineers
- Costs: approx. 200 Euro for the rehearsal trip to Kollund and approx. 10 for the script

LUNDSHOP UND LUNDSTOP • STUDENT ENTERPRISE

9th – 12th grade

The members of the “LundShop” oversee the school’s merchandise department: they design products with the logo of Louisenlund and sell them on-site, online (www.lundshop.eu) or during special events such as “Hafenfest” or parent-teacher-days. Thus, they acquire basic knowledge of project management, marketing, product development, finance and accounting. In addition, the members of the „LundStop“ run a food and beverage store in the “Kavalierhaus”. Note: To join the LundAG, students need to submit a motivation letter first.

- Special and compulsory events: 07. – 09.12.2018 Christmas Market, 12./13.01.2019 LundAG Weekend, 26.01.2019 Open House Day, 29./30.03. Parent Teacher Day, 11.05.2019 Open House Day

Mrs. Petra Hau

- Focus: service and creativity
- Places: 20
- Costs: none

PARK ARCHAEOLOGY

9th – 12th grade

The members explore and restore the freemasons park. They get insights into the areas of preservation of historical monuments, nature conservation and garden architecture and acquire new knowledge of history and nature of freemasonry. The goal is to guide cultural tourists – information is accessible via a QR code at significant points of the garden.

Dr. Eva Witzel

- Focus: service
- Places: 15
- Costs: none

MEDIA GUILD

9th – 12th grade

For the website, the year book or other marketing activities, the members create media contents such as videos, photos and posters under consideration of the corporate design of Stiftung Louisenlund. They take photos during school events and edit photos with the help of software. They can attend a workshop on the topic photography.

Note: To join the media guild, students need to submit a motivation letter first. They need to have an own camera.

- Special and compulsory events: 25.08.2018 Hafenfest, 07.12.2018 Herzog Peter-Award Ceremony, 07. – 09.12.2018 Christmas Market, 12.01.2019 10am – 6pm photography workshop in Louisenlund, 16.03.2019 theatre premiere, 11.05.2019 24-hours-run, 22.06.2019 New Games

Mr. Sven Meier and Mr. Daniel Hoth

- Focus: service
- Places: 8
- Costs: none

STUDENT CAFÉ OSCAR’S

10th – 12th grade

The members run the student cafe “Oscar’s” and assume responsibility for the premises and the equipment. The tasks vary from planning the food and beverages selection, drafting working schedules, serving customers properly to the interior design of the café. Customer-friendly service is of top priority.

Mr. Nicolas Baron and Mr. Gernot Geest

- Focus: service
- Places: 20
- Costs: none

ORCHESTRA

7th – 12th grade

Music is fun! This is the motto of the orchestra of Stiftung Louisenlund. The newly established ensemble consists of students, teachers and external members. Everyone is welcome! The repertoire varies from famous film music to compositions from the Classical and Romantic eras, adapted to the level of a school orchestra. Thus, beginners can play in the orchestra too.

- Special and compulsory events: 11.11.2018 rehearsal day, 10.12.2018 advent concert, 13.01.2019 rehearsal day, 29.03.2019 spring concert, 28.04.2019 rehearsal day, 17.05.2019 IB Graduation Ceremony

Mr. Jan-Patrick Faatz

- Focus: service and creativity
- Places: 50
- Costs: none

CARE OF THE ELDERLY

9th – 12th grade

The members visit a nursery home once a week and take care of the elderly. They talk with them, keep them company, play board games, take walks, read stories to them and help them to carry out everyday things like eating and drinking. Thus, they assume responsibility, demonstrate social commitment and develop a sense of community.

Mrs. Jule Braun

- Focus: service
- Places: 8
- Costs: none

RWANDA GUILD

10th – 12th grade

Using Rwanda as an example, the members analyse the problems and perspectives of Africa in the 21st century, address questions concerning global equity, the conditions for successful and failing development and if and how development aid can work out in real life. The goal is to raise funds for our project school in Ntarama/Rwanda. A central aspect of the guild's work is the production of coffee - the "Louisenlunder NO 3" - in the boarding school's own roastery for sale at the Christmas market (www.louisenlunder.de).

- Special and compulsory events: 07. – 09.12.2018 Christmas Market, 12./13.01.2019 guild weekend, 26.01.2019 Open House Day, 11.05.2019 Open House Day

Mr. Hauke Nagel

- Focus: service
- Places: 12
- Costs: none

THW • TECHNICAL EMERGENCY SERVICE

9th – 12th grade

The Technical Emergency Service Louisenlund helps in case of a regional and national emergency. The members obtain a sound technical training and enhance their social skills. They learn to assume responsibility for others in case of an emergency. Thus, they get introduced to voluntary commitment.

- Special and compulsory events: 07. – 09.12.2018 Christmas Market, 12./13.01.2019 guild weekend, 26.01.2019 Open House Day, 11.05.2019 Open House Day

Mr. Wolfgang Tirs

- Focus: service
- Places: 20
- Costs: none

PRIMARY SCHOOL STUDENTS' MENTOR

5th - 6th grade

The mentors support the “Mini-Lunder” of Louisenlund Primary School. They assist them with different learning processes, for example as reading mentors and with self-organised, cooperative play and fun offers. This way, they make an important contribution to Louisenlund and give the “Mini-Lunder” a feeling of being welcome.

N.N.

- Focus: service
- Places: depending on the number of primary school students
- Costs: none

BIOTECHNOLOGY

9th - 12th grade

The members initiate and work on biotechnological projects. Some of them will be carried out in collaboration with universities and research institutes. The research and development projects at the interface between technology and life sciences are important for medical, agricultural and food-technological processes, such as antibodies from plant cell cultures for immunotherapies of tumors.

Dr. Uwe Bertsch

- Focus: creativity and service (under certain conditions)
- Places: 10
- Costs: none

GUILDS

BASKETBALL

10th - 12th grade

In basketball, the focus is on the ability to play. They work out once a week in the sports hall. The team consists of strong players and players who still have development potential. Competitions with other teams took place this academic year and more competitions are planned this academic year.

Mr. Tim Lankau

- Focus: activity
- Places: 15
- Costs: none

DEBATING SOCIETY

9th - 12th grade

By debating current events and timeless topics in a classical Anglo-Saxon format, the Debating Society represents a fusion of modern and traditional subjects. Formal debates generally take place twice per month, alternating between the German and English languages. In Debating Society students acquire and refine skills that are very practical for their future lives and careers. They learn classical, rhetorical techniques and the basics of parliamentary debating procedure. Additionally, they work to improve their presentation skills, thereby gaining confidence in public speaking.

Mr. Damien Vassallo

- Focus: creativity
- Places: 30
- Costs: none

SOCCER

9th - 12th grade

We meet twice a week during summer time on the sports field and during winter time in the sports hall, to work out efficiently. After warming- up, we do different exercises such as tackling, dribbling, passing and goaling. At the end of a session, we play soccer in different variations and situations. We take part in tournaments and friendly matches.

Mr. Tim Lankau

- Focus: activity
- Places: 20
- Costs: none

HIP HOP

9th - 12th grade

After warming- up, the members learn and practice different hip-hop moves and styles and interpret music through motion. In addition, they dance joint choreographies. Important skills are strength, stamina, coordination and perfect body control.

Ms. Natalie Jarzombek

- Focus: activity
- Places: 20
- Costs: none

HOCKEY HOF

7th - 8th grade

The members start with preparatory training for players of all levels covering technique, tactics and physical fitness, necessary for competitions and friendly matches. In addition, they have position-specific training to learn the rules of the game.

Note: In the beginning, equipment can be provided; afterwards, it should be purchased.

Mr. Darko Kos

- Focus: activity
- Places: 20
- Costs: none

HOCKEY SCHLOSS BOYS

9th - 12th grade

The members start with preparatory training for players of all levels covering technique, tactics and physical fitness, necessary for competitions and friendly matches. In addition, they have position-specific training to learn the rules of the game. The focus is always on the team spirit.

Note: Please bring your own equipment (indoor and outdoor hockey sticks, shin guard, indoor gloves, mouthguard).

Mr. Heimo Braun

- Focus: activity
- Places: 40
- Costs: none

HOCKEY SCHLOSS GIRLS

9th - 12th grade

The members play on the sports field during summer time and in the sports hall of tournament size during winter time. Hockey is a team sport and thus, it connects people and gives the members the opportunity to compete with others and strengthen skills. In addition, it is technically and tactically demanding. The members play against other local teams and participate in tournaments.

Note: In the beginning, equipment can be provided; afterwards, it should be purchased.

Mrs. Jule Braun

- Focus: activity
- Places: 45
- Costs: none

KFZ-GILDE • MOTOR VEHICLE GUILD

10th - 12th grade

The members are generally interested in technology and fix cars and motor bikes. In addition, two karts are available for use by the members. The members can also bring own vehicles, if we can manage the project.

Mr. Matthias Bergmann

- Focus: creativity
- Places: 8
- Costs: none

ART

9th - 12th grade

The members can discover their individual artistic language and express relevant topics and questions non-verbally. This way they learn how to implement an abstract idea with the help of an adequate artistic format. The members choose their topics independently and will be advised on the choices of techniques and options of implementation.

Mr. Franck Blady

- Focus: creativity
- Places: 30
- Costs: none

RACE BETWEEN THE SEAS

9th - 12th grade

The members are preparing together for the “race between the seas 2019” to break the 8-hour bench mark. Contents of the guild are the strengthening of the basic endurance as well as speed and interval runs. Stabilizing and stretching exercises will also play a major role.

- Special and compulsory date: 25.05.2019 run between the seas

Mr. Tim Lankau

- Focus: activity
- Places: 15
- Costs: none

LUNDBAND

10th - 12th grade

The band members select songs from different styles of popular music democratically. They work on improving the interaction and listening to each other, getting better in soloing (improvisation) and improving the team spirit. The Lundband also performs at school events.

- Special and compulsory event: 29.03.2019 spring concert

Mr. Christian Otte

- Focus: creativity
- Places: 7
- Costs: none

MODEL MAKING

5th - 9th grade

The members are interested in technical model making, have patience and a sense of precision and attention to details. They make remote controlled cars and planes with the help of assembly kits or plans. They learn how to handle different materials and adhesives, to paint and of course how to fly and drive the models. During winter time, the members can fly and drive their models in the sports hall every 2 – 3 weeks.

Mr. Matthias Bergmann

- Focus: creativity
- Places: 20
- Costs: 200 – 400 Euro, depending on the model

SEWING AND BOOKBINDING

5th - 12th grade

The members sew different items such as cushions, clothes and cuddly toys. They learn how to create a pattern, cut and sew the fabric and how to use a sewing machine. Besides this, they can try out bookbinding and can make folders and photo albums. This enhances manual skills, patience and creativity.

Mrs. Helga Trull

- Focus: creativity
- Places: 24
- Costs: according to material used

POLITICS GUILD

10th - 12th grade

The members address political issues and increase awareness of political processes and decisions. They participate in events such as Model United Nations and other simulations – partly in English and partly in German. In addition, the members get the chance to talk with top politicians and other interesting personalities.

- Special and compulsory events: 14. – 17.11.2018 StettiMUN, March 2019 MUN Kiel and excursion

Dr. Rolf Wenzel and Mr. Johann Margreiter

- Focus: creativity
- Places: 30
- Costs: none

SAILING – FOCUS DINGHY

9th - 12th grade

Various types of boats are available to the members. They enhance their skills and practice courses and manoeuvres in any wind condition. In addition, they look at racing rules, boat care, technical safety and shall receive an introduction to regatta sailing. The members have the option to acquire the sport sailing license (SPOSS).

Note: junior sailing license or proof of sailing experience required

Equipment: please bring sailing equipment (neoprene suit and neoprene shoes, possibly dry suit)

Mr. Claus-Matthias Clasen

- Focus: activity
- Places: 24
- Costs: none

SAILING – FOCUS CUTTER

9th - 12th grade

The crew of an 8.50m long cutter consists of 9 people. Apart from the sailing capabilities, it fosters the social competence and the sense of responsibility. They sail on the Schlei, but also undertake sailing cruises around the Danish islands and participate in the “Kieler Woche” regatta.

Note: swimming badge is required

Equipment: please bring rain gear (rain pants, rain coat, rubber boots)

Mr. Claus-Matthias Clasen

- Focus: activity
- Places: 48
- Costs: none

SPORT HOF

5th - 8th grade

This guild offers various sports that all students of 5th – 8th grade choose at the beginning of the school year. These are classic ball sports but also activities such as sailing, high rope course, etc.

Mr. Tim Lankau, Mr. Darko Kos, Mr. Burghardt Hass

- Focus: activity
- Places: for all students in grades 5 - 8
- Costs: according to material used

TENNIS

9th - 12th grade

The members practice with qualified trainers in groups of approx. 4 people, depending on the playing ability and performance. With the help of different game variations and situations, soft tennis balls and various equipment, the trainers try to make the beginners able to play tennis as soon as possible. In addition, competitive players have the option to work out several times per week and get further support through fitness training and the participation in league games and tournaments.

Equipment: please bring sportswear with tennis rackets and tennis shoes (for summer and winter (indoor shoes without profile)).

Mr. Kai Deißner

- Focus: activity
- Places: 85
- Costs: 250 Euro annual fee

THAIBOXING

10th - 12th grade

The members learn the basic skills of thaiboxing. The full body is used during thaiboxing. Thus, thaiboxers become physically fit, have high-speed strength, and they are agile. Willpower, endurance and discipline are the key factors in a successful training.

Equipment: please bring your sportswear.

Mr. Stefan Osterheld

- Focus: activity
- Places: 30
- Costs: 5 Euro for punch pad

POTTERY

5th - 12th grade

The members learn how to build correct forms and pots with clay and to work on the potter's wheel. Soon they start to realize their own ideas and designs and decorate with glazes. They create vessels, clay figures, reliefs and non-functional artworks. Kneading clay fosters sensitivity, improves patience, diligence and frustration tolerance by realizing and accepting the rules of earth and fire.

Mrs. Susanne Kallenbach

- Focus: creativity
- Places: 24
- Costs: none

YOGA

9th - 12th grade

Yoga promotes strength, improves flexibility, relieves tensions, strengthens vitality and reduces stress. Participants develop confidence and mutual respect within the group. Yoga is an approved method to harmonise body, mind and soul and to develop the own potential.

Mrs. Jana-Marie Brandhorst

- Focus: activity
- Places: 20
- Costs: none

CUSTOMIZED TRAINING

INSTRUMENTAL LESSONS

9th - 12th grade

Students can learn to play an instrument or receive singing lessons. Currently, we offer one-to-one lessons for piano, trumpet, violin, guitar and drums. If required, we provide students with teachers for other instruments or for singing as well.

Mr. Jan-Patrick Faatz

- Focus: creativity
- Costs: subject to agreement

LEARNING – AND TALENT CENTRE

9th - 12th grade

If there is a need for a tutor or additional learning support, the learning centre provides students with tutors (teachers or students), based on a clearly defined objective and time frame.

The talent centre is available for very gifted students, to promote them beyond the boundaries of the classroom, for example through participation in “Jugend forscht” (youth science competition), “Jugend musiziert” (youth music competition, competitions in foreign languages, “Mathe für Starke” (maths competition).

Mr. Dirk Koroschetz

- Focus: creativity
- Costs: 1 Euro per minute for tutoring

LEARNING STUDIO

5th - 12th grade

The learning studio allows students to practice spelling skills, punctuation, reading and linguistic expression. Concentration, perseverance, patience, self-confidence and self-responsibility will be strengthened. Much emphasis is placed on ensuring that learning takes place in a familiar environment and relationship.

Mrs. Barbara Illert

- Focus: creativity
- Places: 20
- Costs: one-to-one session 1 Euro per minute, group session 0.60 Euro per minute

OPEN OFFERS

GOLF

9th - 12th grade

The members are beginners, advanced players and tournament players. The beginners practice with the coach to gain the golf license and then play golf independently. The advanced players improve their techniques and skills and participate in tournaments. The “Louisenlunder Open” are held once a year. Note: you can bring your own golf equipment, but if needed, it can be provided as well.

- Special events: 22./23.11.2018 golf trip to Fleesensee, 12.05.2019 golf tournament

Mr. Darko Kos

- Focus: activity
- Places: 16
- Costs: 200 Euro course fee; discounted green fee for students or club membership

GYM

9th - 12th grade

The gym is open for fitness training and muscle training, supervised by qualified students.

Mr. Heimo Braun

- Focus: activity
- Costs: none

ART STUDIO

9th - 12th grade

The art studio is open for students who want to do something creative and artistic. For details, please see information on “Kunstgilde” (art guild).

Mr. Franck Blady

- Focus: creativity
- Costs: none

SEWING PARLOUR

9th - 12th grade

The sewing parlour is open for students who want to sew or bind something for a special occasion. For details, please see information on “Nähen und Buchbinden” (sewing and bookbinding).

Mrs. Helga Trull

- Focus: creativity
- Costs: according to material used

OPEN LABORATORY

9th - 12th grade

The laboratory is also open by appointment to those who are interested in conducting an experiment.

Dr. Uwe Bertsch

- Focus: creativity
- Costs: none